



IGNITE  
POTENTIAL

## In-School Mentoring

### What is In-School Mentoring?

It's a small commitment that makes a big difference. Become a mentor to a child in a school environment. You'll help build a child's self-esteem and school performance while having a lot of fun. And it only takes **one** hour a week during the school year.

**One child. One hour a week. One BIG reason to go back to school.**

### Why is In-School Mentoring Important?

Children who spend time with a mentor gain confidence, acquire new skills and competencies, and develop an enhanced capacity to care for others. Mentors experience a sense of discovery and enjoyment as they see the world of possibility open up through a child's eye.

### An In-School Mentor is...

- 18 years of age or older
- A great listener
- Truly caring about people
- Believing in others' capabilities
- Patient and kind
- Outgoing
- Committed to relationships
- Open to different points of view
- Willing to commit one hour a week for a minimum of one full school year to their mentee during the school day
- Sensitive to the needs and circumstances of others



# WE BELIEVE IN THE VALUE OF MENTORING.

Studies show that **mentoring helps kids** stay in school, avoid risky behaviour, and grow up having more respect for family, peers and community.

Helping children reach their full potential can lead to **positive community outcomes** like safer schools and neighbourhoods, reduction in poverty and unemployment, and a new generation of civic-minded adults.

## SOCIAL RETURN ON INVESTMENT \$18:1

\$1 invested in mentoring by Big Brothers Big Sisters returns up to \$18 to society. Changing the course of young lives changes the future of communities. By every measure, Big Brothers Big Sisters returns positive results in the mental health, employment and civic engagement of the recipients of our programs.

\*Social Return on Investment Study assessed the economic benefits of our programs by the Boston Consulting Group, 2013.



# Big Brothers Big Sisters of Clarington

As Canada's leading child and youth mentoring charity, Big Brothers Big Sisters facilitates life-changing mentoring relationships that ignite children and youth to reach their potential, both as individuals and citizens.

## Our Mission

Enable life-changing mentoring relationships to ignite the power and potential of young people.

## Our Vision

All young people realize their full potential .



# NEED MORE INFO?

## VISIT US

**Big Brothers** Big Sisters  
of Clarington  
23 Scugog Street,  
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## CALL US

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## EMAIL US

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**BBBSC is a United Way  
Member Agency**



## In-School Mentoring

SMALL  
ACT.  
BIG  
IMPACT.